## IN THE CLAIMS:

- 1. A coating composition for resisting moisture penetration into a substrate coated with the coating, the coating composition comprising:
  - a) a mixture comprising waxes and paraffins; and
  - b) a powdered metal, metal oxide, or metal carbide dispersed throughout the mixture; wherein the coating reduces moisture gain by a substrate coated therewith by at least about 50% as compared to an uncoated substrate under the same temperature and moisture conditions.
- 2. The coating composition of Claim 1, wherein the mixture comprises a mixture of beeswax and paraffins.
- 3. The coating composition of Claim 2, wherein the paraffins comprise primarily aliphatic hydrocarbons having chain lengths in the range from about 18 to about 36 carbon atoms.
- 4. The coating composition of Claim 1, wherein the metal comprises aluminum.
- 5. The coating composition of Claim 1, wherein the metal oxide comprises titanium oxide or aluminum oxide.
- 6. The coating composition of Claim 2, wherein the metal comprises aluminum.
- 7. The coating composition of Claim 2, wherein the metal oxide comprises titanium oxide or aluminum oxide.
- 8. The coating composition of Claim 1, wherein the mixture, before addition of powdered metal or metal oxide, has a melting point in the range of about 120 to 200°F.
- 9. The coating composition of Claim 1, wherein, the composition cools to ambient temperature substantially free of occlusion of gas bubbles.

- 10. The coating composition of Claim 1, wherein the composition is a solid at temperatures in the range below about 140°F, and liquefies upon heating to a temperature in the range from about 170 to about 190°F.
- 11. The coating composition of Claim 10, wherein physical properties of the liquefied composition enable application of the composition to a surface by spraying, painting with a brush or roller.
- 12. The coating composition of Claim 1, wherein the powdered metal or metal oxide or metal carbide comprises a sufficient amount to permit uniform heating of a mass of the composition, and to provide such internal compression of a mass of the composition upon cooling as to substantially exclude occluded gasses from a cooled mass.
- 13. The coating composition of Claim 1, wherein the amount of powdered metal or metal oxide comprises from about 5 to about 15 wt.%, based on the weight of the polymeric mixture.
- 14. The coating composition of Claim 1, wherein when coated onto a composite material subject to moisture absorption under hot and wet ambient conditions, the composition reduces moisture absorption by from about 60 to about 100% as compared to an uncoated composite.
- 15. A coating composition resistant to penetration by moisture, the composition substantially preventing moisture absorption into a composite otherwise subject to moisture absorption under hot and wet ambient conditions, the composition comprising:
  - a) a mixture of esters of fatty acids and aliphatic hydrocarbons having a melting point in the range from about 170 to about 190°F; and
  - b) a powdered additive in sufficient amount to permit uniform heating of a mass of the composition and to provide compression of a mass of the composition upon cooling sufficient to substantially exclude occluded gasses from a cooled mass.

- 16. The coating composition of Claim14, wherein the mixture comprises paraffins and waxes, the paraffins primarily having a chain length of from about 18 to about 36 carbon atoms.
- 17. The coating composition of Claim 15, wherein the powdered additive is selected from the group consisting of powdered metals, metal carbides and metal oxides.
- 18. The coating composition of Claim 16, wherein the powdered additive comprises powdered aluminum comprising particulates in the range from about 25 to about 60 microns.
- 19. The coating composition of Claim 17, wherein the powdered additive is selected from aluminum and titanium oxide.
- 20. The coating composition of Claim 14, the composition comprising a solid at ambient temperatures in the range below about 140°F.
- 21. The coating composition of Claim 14, wherein when coated onto a composite material subject to moisture absorption under ambient conditions of temperature and humidity, the composition reduces moisture absorption by from about 60 to about 100%.